Coffee & Chat!

JUNE 17

Join Student Life for a lively conversation over coffee. We miss you!

[Click here to join the conversation!]

Get Fit With Coach C!

JUNE 17

Stay healthy and active with Student Life! Join us for our next Wellness Wednesday with Coach C! Suitable for all levels.

[Click here to register.]

JUNE 1 - JUNE 30 - Step Into June Challenge with Student Life

Join Student Life in staying active this summer by participating in our Step Into June Challenge! This challenge is easy, all you have to do is put your best foot forward. Track your steps from June 1 to June 30th using the Pacer app. [Click here] to download the app and join the challenge! Our top 3 steppers will receive a prize basket and be recognized in our e-newsletter and on our social media accounts. For more information contact Morgan Taylor-Burns.

F / JUN 12 - FREE Drive Thru Food Distribution

Swing by 1465 Highpoint Road, Snellville, GA 30078 from 1:00 - 3:00 p.m. to receive a free box of food from the Berean Christian Church Gwinnett. Please note one box per car and you must stay in your car. For more information contact 678-240-2213.
**W / JUN 17 - Get Fit With Coach C!**

Join Student Life at 3:00 pm for a virtual workout from the comfort of your own space. Sweat, burn calories, improve strength & conditioning and have fun! Suitable for all levels. To register for the event click here. This class will be presented on WebEx digital platform. Before the event you will receive a link inviting you to join the WebEx meeting. Please download the app before the meeting (highly recommended). For more information contact Chantelle Bailey.

**W / JUN 17 - Coffee and Chat**

Grab a cup of coffee and join us for coffee and conversation. We miss you! Click here to join the webinar at 11:00 a.m. Or Copy and Paste this link into your web browser: https://bit.ly/2XaT4oM
For more information contact Rachel Mariano.

**F / JUN 19 - FREE Drive Thru Food Distribution**

Swing by 1465 Highpoint Road, Snellville, GA 30078 from 1:00 - 3:00 p.m. to receive a free box of food from the Berean Christian Church Gwinnett. Please note one box per car and you must stay in your car.
For more information contact 678-240-2213.

**SUMMER 2020 - GTC Student Life Blood Drive**

Student Life needs your help with our #GTCSleevesUp campaign! Every two seconds, someone in America needs blood. Help us to celebrate life by ensuring that patients in need get life saving blood. Make a pledge this month with GTC Student Life to donate blood! Click here to visit our campaign website and make a pledge! You will then be prompted to schedule an appointment at a Blood Donation Center near you. Make sure to snap a photo of yourself donating blood and share it with the hashtag #GTCSleevesUp. For more information contact Morgan Taylor-Burns.

**Club Spotlight - Science Club**

The mission of Science Club is to promote scientific literacy through community activities, events, and partnerships. The purpose of the Science Club is to provide a channel through which students who exhibit added interest in science can have an outlet through extracurricular science projects at GTC and in the community. Activities aim to contribute to scientific knowledge through speakers, experimental design and implementation, and community projects.

The Science Club holds monthly meetings, usually on the third Thursday of every month. Each semester, the club has a science-themed movie night where club members watch a movie and discuss the science involved. Some favorites include The Martian, Hidden Figures, and Contagion. The Science Club also performs experiments at some club meetings, where club members gain a true understanding for what science is really like: it's messy and sometimes experiments don’t work the way you planned! In the past year, the club has made magnetic slime, “elephant toothpaste,” and made batteries out of fruits and vegetables. The Science Club even held an end of the year celebration in December 2019, where we applied our knowledge of physics to a cornhole tournament.

Each fall and spring semester, the Science Club participates in an outreach project. In the fall, the club participates in Fernbank Science Center’s Chemistry Day. Club members prepare a scientific activity to education 200-300 elementary and middle school children. Last year's theme was “Marvelous Metals!” and volunteers taught the kids about metals and electricity. The Science Club is also active in on-campus volunteerism. Club members routinely volunteer at CareerWorx to register on-campus visitors, guide them to activities in each building, or as representatives of their academic programs.

Our students not only get to meet people from various programs all over campus, but they get to explore science in a way they might not in their program. Our club does activities and outreach events related to biology, chemistry, physics, and environmental science. Students get to learn more about the world and have fun doing it! At the very least, we see that our students become more familiar and comfortable with discussing scientific topics. Our students get the opportunity to become more familiar with common issues in society so that they can determine their own opinions rooted in scientific data.
SUMMER 2020 - Virtual Volunteer Project: Motivational Messages

Student Life is showing support and love for the healthcare workers and senior citizens of our community through motivational messages. These letters will help improve the mental health of those working on the front lines of our healthcare system and the elderly who may feel isolated because of the lack of visitors at this time. Volunteering is easy! Just email Chantelle Bailey your motivational messages. In the subject line please indicate if your letter is for a "Healthcare Worker" or a "Senior Citizen." All messages will be printed off and delivered to local hospitals and nursing homes. For more information contact Chantelle Bailey.

SUMMER 2020 - Your Voice, Your Vote

Make sure your voice is heard by participating in your local election. Click here to register to vote, find out about important election dates, and learn about other vital information concerning the polls!

SUMMER 2020 - Need Support?

Counseling at GTC is a mental health resource which provides free, personal and confidential counseling in a safe and supportive environment. The purpose of this resource is to help you acquire the skills, attitudes, abilities and insights that will enable you to address the all-too-prevalent stress and conflicts that may distract you from achieving your full potential. Student counseling services are available to all currently enrolled GTC students 18 or older in certificate, diploma or degree programs on first-come first-serve basis. For appointment call 678-226-6628, email Juanita Bentley or visit our website for more information.

The National Alliance on Mental Illness (NAMI) is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. If you are in need of support Click here to visit their website and explore their resources.

SUMMER 2020 - Positive Affirmations

Would you like to receive daily self-care reminders? Click here to receive positive affirmations.

SUMMER 2020 - GTC Study Stretch

Let's get up and start moving! Take a quick break and join Coach C for an energizing study stretch! Click here to view the study stretch!

SUMMER 2020 - A Message From Your Fellow GTC Students

Please click here to view a message from your fellow GTC students.

SUMMER 2020- Follow Us On Social Media!

Student Life is staying active and wants to connect with you! Follow us on our social media platforms for up to date information and encouraging content. Like our page and follow us on Facebook. We are also on Instagram. Lastly, be sure to check out our Youtube page for great content!

SUMMER 2020 - Information About Utilizing WebEx

Student Life will be utilizing the platform WebEx to hold virtual presentations and meetings. We would love for you to join in the conversation! Click here for brief instructions on how to join a WebEx meeting. Student feedback is a top priority, click here to learn how to chat and raise your hand in WebEx sessions. We look forward to connecting with you soon!
SUMMER 2020 - GTC Emergency Operations Updates

Please continue to visit our website and follow us on social media for the latest updates.

Future Dates

June 24 - Get Fit With Coach C!

HEALTHY TIP

6 Tips for a Healthy Summer

Summertime means longer days, sunshine, picnics, and barbecues. But for many of us, summer also means temptations of excessive sun exposure, sweet treats, hay fever, and a list of other health woes. That is why it is so important that we look after ourselves in the warmer weather. CDC.gov provides us with 6 ways to make the most out of our summer:

1. Don't use tobacco
2. Eat a healthy diet
3. Move more, sit less
4. Keep cool in extreme heat
5. Wear sunscreen and insect repellant
6. Rethink your drink

To read the full article click here.

If there is a topic you would like to know about or a tip that you'd like to share with us, please email Morgan Taylor-Burns with your suggestions!

ANNOUNCEMENTS!

Navigate Recovery

Your recovery doesn't have to take a back seat to the Coronavirus. Our certified recovery coaches are ready to take your call to help through these tough times.

Monday - Saturday 9:00 a.m. until 9:00 p.m.

Call 678-743-1808 enter extension 101 when you hear the voice prompt.

All Recovery meetings are Monday thru Saturday at the following times:

All Recovery On-Line @ Noon
NEW MEETING LINK: Click here!
NEW MEETING PHONE IN: +1 216-505-9847 PIN: 838 453 275#

All Recovery On-line @ 7:30 PM
NEW MEETING LINK: Click here!
New Student Orientation
In an effort to support students during this time of transition, we are offering live, online orientation sessions. Each session is 1-hour long and will include a short question and answer period.

Prior registration is required and each session is limited to 25 participants so that students may have time to ask questions.

The day prior to your live online orientation you will receive information and instructions about how to connect to the live online orientation session.

Registration for each session closes 2 days prior to the start of the session to allow staff to provide you with the access information.

To register for a session click here to visit our website.

For more information, please contact Dr. Carolyn Duven.

Advisement Available
Enrollment Advisors are now available via live chat! To get connected with an advisor through chat, click here to visit the One Stop webpage on the Gwinnett Tech website. Enrollment Advisors are ready to answer your questions Monday thru Thursday 9:00 - 5:00 p.m. and Fridays, 9:00 - 4:00 p.m. We look forward to assisting you!

Virtual Information Sessions
The Recruitment Department is offering nine virtual information sessions each week. These information sessions are a great way to learn more about college programs, admission requirements, student services, and financial aid. Information sessions are offered for both campus. Attendees of these sessions will be provided with an application fee waiver code. Joins us virtually and learn about the great opportunities offered at Gwinnett Tech.

Click here to reserve your spot today!

Recruitment Virtual Office Hours
Student recruiters are standing by to answer your questions. Virtual office hours are held weekly through WebEx, so students and prospective students have the opportunity to speak with a recruiter in real-time. Stop in and ask questions anytime throughout the virtual office hours.

Monday-Friday 10am-4pm
Financial Literacy
Gwinnett Technical College has teamed up with Edamerica, formerly Higher Education Solutions (HES), to help explain the student loan repayment process so you understand all of your options. If you have trouble making your payments, they will offer helpful alternatives so you won't fall behind. You can also learn Money Basics with articles about understanding your paycheck, checking and savings accounts, understanding your credit score. For more information, click here.

Commencement Date
Graduation previously scheduled for May 4, 2020 is postponed. Information regarding a future commencement ceremony date will be communicated at a later time. For more information regarding Commencement click here.

Not All Healthcare Professionals Wear Scrubs!
Don't want to handle blood and guts? Looking for a healthcare career alternative? Want to help patients, but prefer to work behind the scenes? Consider a career in health information management technology (HIMT). HIM professionals maintain, collect, and analyze health information, connecting physicians, patients, and providers. If you're interested in business, technology, and healthcare, HIM is calling! For more information, please contact Kim Smith.

Mosaic Georgia
Our mission is to enhance safety, health and justice for people of all ages impacted by sexual violence and abuse. Eliminate social conditions that allow for sexual violence. Build capacity of local community responses to persons impacted by sexual abuse and violence. Mosaic Georgia provides crisis intervention and advocacy services for victims and secondary victims by providing support during and after case management, during acute and delayed medical exams and by connecting victims with needed assistance, resources and next steps. Phone lines are open 24 hours/7 days a week. 770-476-7407. Visit Mosaic Georgia for more information.
Voter Information
We've simplified the confusion and put together what you need to know about voting in Gwinnett County, Fulton County and other state and national locales. We at Gwinnett Tech are happy to provide you with information about voting. Check out more information and details, including deadlines for registering and instructions on how to download the appropriate forms by clicking on the website.

Interested in an Internship?
Interested in an Internship? Did you know that there are over 3,000 employers registered on Career Link? Make sure you have your Career Link profile set up so that you may take advantage of all the companies that want to work with Gwinnett Tech students. Launch Pointe is Gwinnett Tech's Center for Career Experience and is a great resource for internship opportunities. Creating a Career Link profile is the first step to reaching your future career goals! Visit the CareerLink site.

Did you know? GTC Has a No Interest Tuition Payment Plan!
Gwinnett Tech partners with Nelnet Business Solutions to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits include easy online enrollment, flexible payment options and no interest. Learn more about the tuition payment plan and enroll today!

Ready to Apply for Graduation?
If you are completing your program either this semester or next, please submit a graduation application now! Even if you are completing a certificate embedded in your larger program, you may graduate from that certificate, so that you can list that accomplishment on your resume! Directions on how to apply for graduation are online, click here. We look forward to awarding you!

National Suicide Prevention Lifeline
We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. We are committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness. For more information, visit our website.

Student Counselor on Campus!
Counseling at GTC is a mental health resource which provides free, personal and confidential counseling in a safe and supportive environment. The purpose of this resource is to help you acquire the skills, attitudes, abilities and insights that will enable you to address the all-too-prevalent stress and conflicts that may distract you from achieving your full potential. Student counseling services are available to all currently enrolled GTC students 18 or older in certificate, diploma or degree programs on first-come first-serve basis. For appointment call 678-226-6628 or visit our website for more information.

Crisis Text Line
Text HOME to 741741 from anywhere in the USA, anytime, about any type of crisis. A live, trained Crisis Counselor receives the text and responds quickly. The volunteer Crisis Counselor will help you move from a hot moment to a cool moment. Children and Teens are especially welcome. The service is free, confidential, and available 24/7. Please note that we are not a replacement for counseling or long-term medical
treatment. Our goal is to help you move from an emotional overwhelming place to a sense of calm, at which point you feel ready to continue on your own. Learn more about how it works.

Georgia Crisis and Access Line
GCAL is the 24/7 hotline for accessing mental health services in Georgia. The Georgia Department of Behavioral Health and Developmental Disabilities (DBHDD) provides treatment and support services to people with mental illness and addictive diseases. If you or a loved one needs help dealing with a behavioral health crisis, the GCAL offers free and confidential crisis intervention 24/7. For more information, go to the Georgia DBHDD website.

Georgia Cares
Georgia Cares is the single, statewide coordinating non-profit agency connecting services and treatment care for child victims of sexual exploitation and trafficking. Georgia Cares serves any and all youth who have been victimized in the state of Georgia. Our mission is to ensure that child sex trafficking victims receive quality care and services in the state of Georgia. For more information visit our website.

Gwinnett Tech STEM Center
The STEM Center has moved online! If you are in a Life Science class, look for a blackboard announcement with a link to the STEM Center. When you click it, you will be able to talk with a tutor through a microphone or a chat session. No appointment necessary! Our new hours are Monday 1:00-5:00 p.m., Tuesday 1:00-6:00 p.m., Wednesday 9:00 a.m.-7:00 p.m., Thursday 1:00-5:00 p.m., Friday 10:00 a.m. - 4:00 p.m., and Saturday 10:00 a.m. -2:00 p.m. For more information please contact Dr. Nicole Krauss.

Run, Hide, Fight
As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event" video. The video will assist you in planning for your personal safety. watch video.

You Shop. Amazon Gives Back to GTC!
Shop Amazon Smile is giving back and all you have to do is go to the website and choose "Gwinnett Tech Foundation". The GTC Foundation will receive .05% of every dollar you spend that qualifies and in turn, we will apply these dollars back into Gwinnett Tech students! This is a win-win!!! If you have further questions, please contact Darcie Johnson.
Creating Safer, Healthier Campus Communities

Haven UNDERSTANDING SEXUAL ASSAULT

Learn more

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MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

Click here for details
CONTACT STUDENT LIFE

Rachel Mariano, Student Life Director
rmariano@GwinnettTech.edu
770-962-7580, ext.6341

Morgan Taylor-Burns, Student Life Specialist
mtaylor-burns@GwinnettTech.edu
770-962-7580, ext.6415

Chantelle Bailey, Student Life Assistant
cbailey@GwinnettTech.edu
770-962-7580, ext.6419