



LAWRENCEVILLE | ALPHARETTA-NORTH FULTON

Student Life News & Events

September / 1 / 2017



[Healthy Tip](#)
[Announcements](#)
[Student Perks](#)
[Contact Student Life](#)

Student Life Welcome



EVERYTHING IS FREE!

11:30 a.m. - 1:30 p.m. & 4:30 - 6:30 p.m.

ANF / Sept. 5 Lobby
LAW / Sept. 7, Building 100

Music, Food, & Giveaways!
A great way to find out about student clubs.
You won't want to miss it!

Relax, Breathe, & Meditate



MONDAY, SEPTEMBER 11

Tibetan Bowl Meditation

Student Life Center
12 - 1 p.m.

This powerful music therapy
relaxes both body and mind from stress and
tension. [Sign up here!](#)

M / SEPT 4 - Labor Day Holiday

Campus closed - enjoy your break!

W / SEPT 6 - College Survival 101

Enjoy a free lunch, enter to win a door prize and learn valuable skills to succeed in college! Attend a college resource workshop! From 12:00 - 2:30 p.m. we will host a variety of student success workshops. Choose 2 to attend: Study Skills/Learning, Test Anxiety/Stress Management, Soft Skills, Budget/Financial Aid, Blackboard Banner & Student Email, VA/College 101, Time Management, and Balanced Life. Lunch will be served at Noon with sign-in starting at 11:45 a.m. All workshops are on the Lawrenceville campus in building 100, room 106. RSVP at [this link](#) or email [Lisa Richardson](#) your name and contact number by September 1st with the workshop you would like to attend.

TH / SEPT 7 - LAW Campus Student Life Welcome

Join us for FREE food, music, shirts, prizes and more from 11:30 a.m. - 1:30 p.m. and again from 4:30 - 6:30 p.m. on the Lawrenceville campus in the back of building 100. Many of our GTC clubs and organizations will be represented as well as some great community resources. We look forward to seeing you there!

TH / SEPT 7 - GTC's Open Green Market

Every Thursday, GTC will have an Open Green Market selling fresh vegetables, herbs and cut flowers! These are the freshest picked vegetables and fruits straight from our very own GTC Learn-in-Farm. Just look for the tent in the courtyard area between building 600 and 100 from 12 p.m. - 2 p.m. Cash/check preferred. All proceeds are used to sustain our farm for continued student experience.

TH / SEPT 7 - GTC Students' Toastmasters International Club

The GTC Students' Toastmasters International Club meeting will take place in the Student Life Center building 100 at 6 p.m. We will be collecting urgent need items for Rainbow Village Inc. A list of the items needed will be posted on the collection boxes located in all buildings at the Lawrenceville campus and the Alpharetta-North Fulton campus. Email [Thaddeus Nifong](mailto:Thaddeus.Nifong) for more information.

F / SEPT 8 - SkillsUSA Meeting

Got Skills? Be on the ground-breaking floor as we begin a brand new SkillsUSA Club at Gwinnett Technical College. Our first meeting will be held on Friday, September 8th! We will meet in the Student Center on the second Friday of each month from 11:00 a.m. - 12:00 p.m. We hope to see you there! For questions, please contact [Penny Waddell](mailto:Penny.Waddell) or [Margaret Long](mailto:Margaret.Long).

F / SEPT 8 - Student Sonography Association Fundraiser

Come out and support the Student Sonography Association fundraiser! You could win a Braves Gift Basket that contains 5 tickets and a pass for the September 22 game against the Philadelphia Phillies. It will be full of other fun Braves and baseball related items. Please watch for a sonography student in building 100 student lounge areas between August 24 and September 8 from 11 a.m. - 1 p.m. You can also come to building 200, room 122 and inquire about tickets on Monday and Thursday mornings until 12 p.m. and Wednesday and Friday afternoons after 12 p.m. Tickets are \$1 each. For more information contact [Kim Strong](mailto:Kim.Strong).

M / SEPT 11 - Tibetan Bowl Meditation

The ancient sound of Tibetan singing bowls have the ability to induce an immediate deeply meditative state. This powerful music therapy relaxes both body and mind from stress and tension. Come relax to a different tune with Student Life. Meditation will be held in the Student Life Center from 12 - 1 p.m. [Sign up here!](#) For more information contact [Chantelle Bailey](mailto:Chantelle.Bailey).

M / SEPT 11 - Get Fit with Coach C!

Looking for a way to become more active? Join us from 3 - 4 p.m. in the Student Life Center as we sweat, burn calories, improve strength & conditioning and have fun! Water will be provided but feel free to bring your own bottle and yoga mat. This fitness class is suitable for all levels. [Sign up here!](#) For more information contact [Chantelle Bailey](mailto:Chantelle.Bailey).

Future Dates

- September 13 - SGA Meeting
- September 15 - WiT Campus Opening Event
- September 19 - Student Success Workshop
- September 21 - Science Club Meeting
- September 21 - ISA



HEALTHY TIP

6 Reasons to Soak Up the Sun

Just like plants harness the sun's rays through photosynthesis, our bodies utilize sunlight to help the skin produce the vitamin D it needs to build bones, reduce inflammation, and bolster the immune system. Soaking up the sun can have positive effects on mental health, better aging, and even cardiovascular benefits. *Self.com* names the top 6 reasons why we should not shun the sun, but instead embrace all of its warm and sunny benefits:

1. Better mood
2. Deeper sleep
3. Lower blood pressure
4. Reduced risk of some cancers
5. Stronger bones
6. Potential weight loss

[To read the full article click here.](#)

If there is a topic you would like to know about or a tip that you'd like to share with us, please email [Morgan Taylor-Burns](mailto:Morgan_Taylor-Burns) with your suggestions!

[back to events](#)

ANNOUNCEMENTS!

Society for Human Resource Management Seeking Members

The GTC Society for Human Resource Management student club is seeking new members. Students that are interested can contact Club Advisor [Cassandra Baker](#) for more information on how to join.



Atlanta Falcons Seeking Volunteers

The Atlanta Falcons are looking for volunteers to assist with their home games. You are asked to work from 4:00 - 7:00 p.m. and will be given access to the game at 7:30 p.m. You will need to find your own parking. We suggest Marta or carpooling. If interested please contact [Keith Roberts](#) for more information.

Congratulations to the Association of Future Radiologic Technologist!

The American Cancer Society has notified the Association of Future Radiologic Technologist Relay for Life team that they have risen to the level of "Rising Star Fundraisers". They raised \$2,087 for Relay for Life this year! Keep up the amazing work!



GTC Bookstore Announcement

Textbooks are now arranged by author in the GTC Bookstore. Shop by author, search A to Z! Save time by downloading your Author shopping list to your phone or [visit here.](#)

Textbooks are arranged by author in the bookstore.

Students' Toastmasters Club Community Service Project

The GTC Students' Toastmasters Club will be conducting a community service project and collecting urgent need items for Rainbow Village Inc. We will be placing collection boxes in each building on the Lawrenceville campus. Urgent need items are toiletries, baby wipes, diapers size 4 & 5, cleaning products etc. For more information contact [Thaddeus Nifong](#).



Free OB Ultrasounds



Free OB ultrasounds are offered to GTC students. The Diagnostic Medical Sonography Program is seeking volunteers for OB ultrasounds preferably 18-32 weeks. Volunteers need to be prepared to stay for one hour and are scanned by GTC DMS students under direct credentialed faculty supervision. Volunteers receive FREE keepsake 3D images as well as the opportunity to see their baby in 4D. For more information or to schedule an appointment, please email [OB Sonography](#) or call 470-448-1211.

Assured Hospice Care Seeks Volunteers

Assured Hospice Care offers volunteers the opportunity to care for others and meet real companionship needs at a critical time in the lives of others. This happens in the homes of our patients or at assisted living facilities. Volunteers have the unique opportunity of giving the gift of time. The assistance and support this provides for a person in need is immeasurable. Volunteers will visit with patients and their family to provide companionship, visit with a patient to provide the caregiver/family member a chance to go to the grocery store or run errands, and assist with administrative and clerical task. We provide the training and visits are scheduled around your daily schedule and routines. You may volunteer a day a week, a few hours a week, or few hours a month. For more information call 770-387-9578 or contact [Chelsea Lawrence](#)



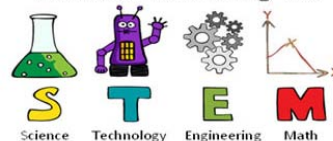
Georgia Cares

Georgia Cares is the single, statewide coordinating non-profit agency connecting services and treatment care for child victims of sexual exploitation and trafficking. Georgia Cares serves any and all youth who have been victimized in the state of Georgia. Our mission is to ensure that child sex trafficking victims receive quality care and services in the state of Georgia. For more information [visit our website](#).

Gwinnett Tech STEM Center

The STEM Center is a peer tutoring center in building 900, room 1.109 for students taking Life Sciences classes or anyone trying to get in a healthcare program. The STEM center is open Monday - Thursday from 9 a.m. - 6 p.m. and Friday from 9 a.m. - 4 p.m. Be sure to join us every Thursday evening at 6 p.m. and every Friday morning at 10 a.m. for an A&P I Q&A. Need help with Chemistry? Ms. Francois is available to help Tuesdays from 9:30 a.m. to 11:30 a.m. and Wednesdays 10:30 a.m. to 11:30 a.m. For more information please [Casey Best](#)

Visit the STEM Center @ GTC



Quality Childcare Available on Campus

Do you have young children? Do you know of someone who is looking for a high quality child care center for their child? The Hudgens Early Education Center is the best place for all children! Please come in for a visit today (building 800)! Or call for more information 678-226-6510. Enrolling children 6 weeks to 5 years. Open daily from 7:00 a.m. to 6:15 p.m. Enrollment is open to the community! Childcare tuition assistance is available for full time GTC students and we accepts CAPS.

Run, Hide, Fight

As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event" video. The video will assist you in planning for your personal safety. [watch video](#).



Collecting Aluminum Can Tabs

The Association of Future Radiologic Technologist and Future Cardiovascular Technologist Club are collecting can tabs. One gallon of tabs equals a one night stay in the Ronald McDonald House for a family. Together, we've already collected eight gallons, but we can do more! Help us by bringing your aluminum can tabs to building 100 near Chick-Fil-A, building 100 near the bookstore in the cafeteria area, building 900 lobby, building 200 - room 121, 245, 133 or the student lounge and the Alpharetta-North Fulton campus student lounge. Thank you for your support!

You Shop. Amazon Gives Back to GTC!

[Shop Amazon Smile](#) is giving back and all you have to do is go to the website and choose "Gwinnett Tech Foundation". The GTC Foundation will receive .05% of every dollar you spend that qualifies and in turn, we will apply these dollars back into Gwinnett Tech students! This is a win-win!!! If you have further questions, please contact [Darcie Johnson](#).



Did you know? GTC Has a No Interest Tuition Payment Plan!

Gwinnett Tech partners with [Nelnet Business Solutions](#) to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits include easy online enrollment, flexible payment options and no interest. [Learn more](#) about the tuition payment plan and enroll today!

Creating Safer, Healthier Campus Communities

Haven

UNDERSTANDING SEXUAL ASSAULT

Learn more



[back to events](#)

GTC STUDENT PERKS!

MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

[Click here for details](#)



[back to events](#)

CONTACT STUDENT LIFE

Rachel Mariano, Student Life Director

rmariano@gwinnettech.edu

770-962-7580, ext.6341

Morgan Taylor-Burns, Student Life Specialist

mtaylor-burns@gwinnettech.edu

770-962-7580, ext.6415

Chantelle Bailey, Student Life Assistant

cbailey@gwinnettech.edu

770-962-7580, ext.6419

Lawrenceville Campus . 5150 Sugarloaf Pkwy . Lawrenceville, GA 30043
Alpharetta-North Fulton Campus . 2875 Old Milton Parkway . Alpharetta, GA 30009