

# GTC Student Life News & Events

August / 19 / 2016



[Healthy Tip](#)  
[Announcements](#)  
[Student Perks](#)  
[Contact Student Life](#)

## Free Tickets!



### THURSDAY, AUGUST 25

GTC Night at Aurora Theatre  
Showing: [In The Heights](#) / 8 p.m.

Get your 2 free vouchers with Student ID!

MON - THR from 9 a.m. - 5 p.m.  
LAW / Student Life Center  
ANF / Lobby

## Now Accepting Applications



### STUDENT AMBASSADORS

Accepting applications until  
5 p.m. on Sept. 6

Email [Morgan Taylor-Burns](#) to inquire/apply.

Ambassadors serve as the face of GTC,  
assist with school wide events, and may get  
to partake in various VIP opportunities.

## TH / AUG 25 - GTC's Open Green Market

Every Thursday, GTC will have an Open Green Market selling fresh vegetables, herbs and cut flowers! These are the freshest picked vegetables and fruits straight from our very own GTC Learn-in Farm. Just look for the tent in the courtyard area between building 600 and 100 from 12 - 2 p.m. Cash/check preferred. All proceeds are used to sustain our farm for continued student experience.

## W / AUG 31 - Hospitality Student Association Meeting

All students interested in hotel, restaurant and/or travel management careers are welcome to attend our first meeting of the 2016-17 school year! New officers will be elected and calendar planning for field trips, fundraisers and campus events will begin. We'll meet on the Lawrenceville campus in building 700, room 1.202. from 6:30-7:30 p.m. Food & refreshments will be available! For more information please contact club advisor, [Akua Washington](#).

## T / SEP 6 - ANF Campus Student Life Welcome

Everyone is welcome to join us for FREE food, music, shirts, prizes, and more from 11:30 a.m. - 1:30 p.m. and again from 4:30 - 6:30 p.m. in the lobby of the Alpharetta North Fulton campus. This is a great way to find out about Student Life and the various student organizations we offer. You won't want to miss it!

## TH / SEP 8 - LAW Campus Student Life Welcome

Join us for FREE food, music, shirts, prizes, and more from 11:30 a.m. - 1:30 p.m. and again from 4:30 - 6:30 p.m. on the Lawrenceville campus in the back of building 100. Many of our GTC clubs and organizations will be represented as well as some great community resources. We look forward to seeing you there!

## Future Dates

September 5 - Labor Day Holiday

September 14 - SGA Meeting



## HEALTHY TIP

### 5 Ways to Power Down a Busy Mind

In today's fast paced world, it can be difficult to step away from our devices or find the time in our busy schedules to stop and breathe. With your mind running at full speed on different ideas at the same time, we forget how important it is to find the time to quiet the mind. *1mhealthtips.com* gives us 5 easy tricks to help us turn our busy minds down a notch throughout the day::

1. Focus On One Thing At a Time
2. Give Someone a Hug
3. Avoid Spending More Than 6 Hours Alone
4. Make Mental Stop Signs
5. Write Down Your Thoughts

[Read full article](#)

If there is a topic you would like to know about or a tip that you'd like to share with us, please email [Jamie Randolph](#) with your suggestions!

[back to events](#)

## ANNOUNCEMENTS!

### Run, Hide, Fight

As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event" video. The video will assist you in planning for your personal safety. [watch video](#).



### Cash Assistance Program for Students Who Have Run Out of Funds

Students experiencing financial hardships may be eligible for tuition and childcare assistance provided by United Way's Financial Empowerment Program. Eligible students could receive up to \$1,205 in tuition and up to \$600



in child care! Students must be currently enrolled, in good academic standing, (minimum 2.0 GPA), and be 1-2 semesters from graduation/program completion. For assistance, please call Juan Wilson, Support Services Coordinator (ANF) at 470-282-5453 or Lisa Richardson, Special Populations Coordinator (LAW) at 678-226-6691.

### [You Shop. Amazon Gives Back to GTC!](#)

[Shop Amazon Smile](#) is giving back and all you have to do is go to the website and choose "Gwinnett Tech Foundation". The GTC Foundation will receive .05% of every dollar you spend that qualifies and in turn, we will apply these dollars back into Gwinnett Tech students! This is a win-win!!! If you have further questions, please contact [Darcie Johnson](#).



### [Collecting Aluminum Can Tabs](#)

The Future Cardiovascular Technologist Club and the Association for Radiologic Technologist are collecting can tabs. One gallon of tabs equals a one night stay in the Ronald McDonald House for a family. Together, we've already collected eight gallons, but we can do more! Help us by bringing your aluminum can tab donations to building 200 - room 121, 245, 133 or the student lounge. Thank you for your support!

### [Collecting Corks](#)

The Rad Tech program has collected over 12,000 corks, caps and foil from wine bottles for Clothes for Souls. Each is worth 2 cents so we can financially support this global non-profit institution dedicated to fighting poverty. Besides helping the charity, it also helps the earth. The corks are recycled and not put in landfills. Did you know that it takes over 1,500 gallons of water to grow the cotton required for just one pair of jeans and each American discards over 65 pounds of clothing per year? Help us by continuing to donate your corks! Drop off is in bldg. 200, room 245.



### [Did you know? GTC Has a No Interest Tuition Payment Plan!](#)

Gwinnett Tech partners with [Nelnet Business Solutions](#) to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits include easy online enrollment, flexible payment options and no interest. [Learn more](#) about the tuition payment plan and enroll today!

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Learn more



**Feel Stressed? You are not Alone!**

Going to school can be tough. Life can be tough. Student Life has paid for all of our students to get four free counseling sessions through the Cameron & Associates Life Balance Program. Yes - it's FREE! Just call 404-845-3727 or visit them on the [web](#) and they will give you three counselors close to you to pick from. You are worth the investment!



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[back to events](#)

**GTC STUDENT PERKS!**

MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

[Click here for details](#)





[back to events](#)

## CONTACT STUDENT LIFE

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