

GTC Student Life News & Events

August / 12 / 2016



[Healthy Tip](#)
[Announcements](#)
new perk! [Student Perks](#)
[Contact Student Life](#)

Free Tickets!



THURSDAY, AUGUST 25

GTC Night at Aurora Theatre
Showing: [In The Heights](#) / 8 p.m.

Get your 2 free vouchers now
with your current Student ID!

MON - THR from 9 a.m. - 5 p.m.
LAW / Student Life Center
ANF / Lobby

Coming Soon



EVERYTHING FREE!

11:30 a.m. - 1:30 p.m.
4:30 p.m. - 6:30 p.m.

ANF / Sept. 6, Lobby
LAW / Sept. 8, Building 100

Music, Food, and Giveaways!
A great way to find out about student clubs.
You won't want to miss it!

M / AUG 15 - Classes Begin

Welcome to Fall Semester at Gwinnett Tech!

TH / AUG 18 - Snow Cone Fundraiser

Come cool off with the Lambda Nu Honor Society us as we prepare to get back in gear for the college year! We will have thirst quenching snow cones available for donations (\$1 minimum) from 10 a.m.- 3 p.m. between buildings 100 & 200 on the Lawrenceville campus. Get them while they last!

TH / AUG 18 - GTC's Open Green Market

Every Thursday, GTC will have an Open Green Market selling fresh vegetables, herbs and cut flowers! These are the freshest picked vegetables and fruits straight from our very own GTC Learn-in Farm. Just look for the tent in the courtyard area between building 600 and 100 from 12 - 2 p.m.

Cash/check preferred. All proceeds are used to sustain our farm for continued student experience.

TH / JUL 18 - Toastmasters Ice Cream Social

Do you want to get involved with a campus club that can help you become workforce ready AND will look great on your resume? Plan to visit our Ice Cream Social and Membership Drive from 6 - 7:30 p.m. in bldg. 200, rm. 104 on the Lawrenceville Campus. It's free and all students are invited to attend. GTC Student's Toastmasters International is a great organization to meet new people and improve your public speaking skills! For more information feel free to contact club advisor, [Dr. Penny Waddell](#).

TH / AUG 25 - GTC Night at Aurora Theatre

Student Life is sponsoring GTC Night at the Aurora Theatre. [In The Heights](#) is a story of a Latin community in New York's Washington Heights that features pulsating Caribbean and hip-hop rhythms. Vouchers are available with a current Student ID Monday - Thursday between 9 a.m. - 5 p.m. Just stop by the Student Life Center located in building 100 at the Lawrenceville campus or the front desk in the lobby of the Alpharetta-North Fulton campus. The 2 FREE vouchers are only valid for the August 25th show. Free sodas and door prizes are included! Please arrive at 7:30 p.m. to redeem your vouchers for tickets; the play starts at 8 p.m.

W / AUG 31 - Hospitality Student Association Meeting

All students interested in hotel, restaurant and/or travel management careers are welcome to attend our first meeting of the 2016-17 school year! New officers will be elected and calendar planning for field trips, fundraisers and campus events will begin. We'll meet on the Lawrenceville campus in building 700, room 1.202. from 6:30-7:30 p.m. Food & refreshments will be available! For more information please contact club advisor, [Akua Washington](#).

Future Dates

September 6 - ANF Welcome Event
September 8 - LAW Welcome Event



HEALTHY TIP

7 Simple Stress Busters

For many people college years are the best years of their life, but they can also be the most stressful. Meeting new people, keeping your grades up, working and/or taking care of a family all while being low on cash is tough on anyone! *Sparkpeople.com* suggests that there are several simple ways to cope with the all pressures that you may encounter from day to day:

1. Take a Walk
2. Call a Friend
3. Write in a Journal
4. Play a Game
5. Work Up a Sweat
6. Plan Something Fun
7. Take a Hot Bath

[Read full article](#)

If there is a topic you would like to know about or a tip that you'd like to share with us, please email [Jamie Randolph](#) with your suggestions!

[back to events](#)

ANNOUNCEMENTS!



Run, Hide, Fight

As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event" video. The video will assist you in planning for your personal safety. [watch video](#).



Cash Assistance Program for Students Who Have Run Out of Funds

Students experiencing financial hardships may be eligible for tuition and childcare assistance provided by United Way's Financial Empowerment Program. Eligible students could receive up to \$1,205 in tuition and up to \$600 in child care! Students must be currently enrolled, in good academic standing, (minimum 2.0 GPA), and be 1-2 semesters from graduation/program completion. For assistance, please call Juan Wilson, Support Services Coordinator (ANF) at 470-282-5453 or Lisa Richardson, Special Populations Coordinator (LAW) at 678-226-6691.

You Shop. Amazon Gives Back to GTC!

[Shop Amazon Smile](#) is giving back and all you have to do is go to the website and choose "Gwinnett Tech Foundation". The GTC Foundation will receive .05% of every dollar you spend that qualifies and in turn, we will apply these dollars back into Gwinnett Tech students! This is a win-win!!! If you have further questions, please contact [Darcie Johnson](#).



Collecting Aluminum Can Tabs

The Future Cardiovascular Technologist Club and the Association for Radiologic Technologist are collecting can tabs. One gallon of tabs equals a one night stay in the Ronald McDonald House for a family. Together, we've already collected eight gallons, but we can do more! Help us by bringing your aluminum can tab donations to building 200 - room 121, 245, 133 or the student lounge. Thank you for your support!

Collecting Corks

The Rad Tech program has collected over 12,000 corks, caps and foil from wine bottles for Clothes for Souls. Each is worth 2 cents so we can financially support this global non-profit institution dedicated to fighting poverty. Besides helping the charity, it also helps the earth. The corks are recycled and not put in landfills. Did you know that it takes over 1,500 gallons of water to grow the cotton required for just one pair of jeans and each American discards over 65 pounds of clothing per year? Help us by continuing to donate your corks! Drop off is in bldg. 200, room 245.



Did you know? GTC Has a No Interest Tuition Payment Plan!

Gwinnett Tech partners with [Nelnet Business Solutions](#) to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits include easy online enrollment, flexible payment options and no interest. [Learn more](#) about the tuition payment plan and enroll today!

Creating Safer, Healthier
Campus Communities

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Learn more 



Feel Stressed? You are not Alone!

Going to school can be tough. Life can be tough. Student Life has paid for all of our students to get four free counseling sessions through the Cameron & Associates Life Balance Program. Yes - it's FREE! Just call 404-845-3727 or visit them on the [web](#) and they will give you three counselors close to you to pick from. You are worth the investment!



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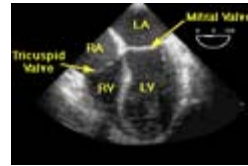
[back to events](#)

GTC STUDENT PERKS!

MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

[Click here for details](#)





[back to events](#)

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