

LAWRENCEVILLE | ALPHARETTA-NORTH FULTON

### Student Life News & Events

May / 19 / 2017







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### 2nd Annual BBQ Sauce Contest



### MONDAY, MAY 22

The Culinary Arts program wants to know whose BBQ Sauce will rule supreme! Enter your BBQ sauce recipe for a chance to win!

Details Below.

### Come Dance With Us!



### TUESDAY, MAY 23

Join Student Life for a Free Hip Hop Class! Come out and learn some Hip Hop moves during this high energy class.

Register Here!

### M / MAY 22 - BBQ Sauce Contest

Do you think you hold the perfect recipe for an award winning BBQ Sauce? Try your luck at the 2nd Annual BBQ Sauce Contest hosted by the Culinary Arts program. All entries must have no more than 10 ingredients. Enter before Monday, May 22nd! For rules and information email <u>Lisa Masi</u>. Email must include entrant's name, recipe name, and ingredients list.

### T / MAY 23 - Hip Hop Class

Join Student Life for a fun-filled, high energy Hip Hop Class! As part of our 360 Fun - we will host a 3 part class series. The first Hip Hop class will be held on May 23rd from 12 p.m. - 1 p.m. in the Student Life Center. Come dance with us! To register click here! For more information contact Morgan Taylor-Burns.

W / MAY 24 - Blood Drive

Surgical Tech will host a blood drive for the American Red Cross from 10 a.m. - 3 p.m. in building 200, room 104 on the Lawrenceville campus. If you are interested in donating or would like to receive more information, please email <u>Glenda McCloskey</u>.

### W / MAY 24 - Student Veterans Organization Meeting

The Office of Veterans Affairs will host the next Student Veterans Organization meeting from 12:00 p.m. - 12:30 p.m. in building 100, room 259 on the Lawrenceville campus. Questions? Email Brian Powell.

### W / MAY 24 - Let's Talk at the Library!

Practice Conversational English at GTC Library, building 100, from 4:00 p.m. - 5:30 p.m. Everyone is welcome to join. Registration is not required. All sessions are held in English. For more information call 678-226-6388 or click here!

### TH / MAY 25 - 2nd Annual Culinary Arts Pig Roast

Gwinnett Tech's Culinary Arts program will host its 2nd Annual Pig Roast! Participants will be able to enjoy delicious barbecue, baked beans, coleslaw, potato salad, bake shop cookies and fruit punch. The event will take place in the Horticulture Garden from 3:30 p.m. to 6:30 p.m. Tickets are \$10 per person, cash only. For more information contact <u>Lisa Masi</u>.

### M / MAY 29 - 24th Annual Dacula Memorial Day Parade

The Student Veterans Organization will march in the 24th Annual Dacula Memorial Day Parade. We welcome the opportunity for our Gwinnett Tech student body to honor and pay tribute to those who gave their lives to protect our freedom. The parade begins at 10:00 a.m. Please RSVP if you are interested in participating by Friday, May 26th. RSVP here! Participants must arrive by 9:30 a.m. and meet at the start of the parade, which begins in the parking lot of Hebron Baptist Church. Light refreshments will be provided. All students, family, faculty and staff are encouraged to join us! Participants will receive additional information prior to this event. We look forward to seeing you there! For questions, please email Brian Powell.

### T / MAY 30 - Hip Hop Class

Come out and dance with us! Feel the beat of this high energy Hip Hop Class! Learn a full hip hop routine in the Student Life Center from 12 p.m. - 1 p.m. on the Lawrenceville campus. Join the fun! To register click here! For more information contact Chantelle Bailey.

### W / MAY 31 - Spirit Wear Day - ANF

We've got spirit yes we do! We've got spirit...how about you? Show your GTC Pride by wearing your Gwinnett Tech apparel. Prizes will be given out randomly throughout the day to those sporting GTC apparel on the Alpharetta- North Fulton campus! Join us from 12 p.m. - 1 p.m. in the lobby of building A on the Alpharetta-North Fulton campus for a chance to spin the wheel for even more great prizes and enjoy a free sno-cone in between classes. Swing by the GTC Bookstore for 20% off one GTC logo apparel or gift item per customer (Discount not applicable to previous purchases, textbooks, and technology). Contact Chantelle Bailey for more information.

### W / MAY 31 - Excelling @ Excel

Join us as we put the FUN back into formatting, formulas, fills, filters and functions! Student Life is hosting a FREE Intro to Excel Class. Increase your Excel productivity with tips and tricks packed into this fast paced workshop. Instructor, Greg Creech will show you how to apply formatting, create formulas, build charts, and much more! The event will take place from 3:00 p.m.- 4:30 p.m. in building 100, room 409 on the Lawrenceville campus. Seating is limited! Register for the class today by clicking here. Questions? Contact Morgan Taylor-Burns.

### TH / JUNE 1 - Spirit Wear Day - LAW

Wear your favorite GTC apparel for the chance to win a prize! Prizes will be given out randomly throughout the day to those sporting GTC apparel on the Lawrenceville campus! Join us from 12 p.m. - 1 p.m. in building 900 on the Lawrenceville campus for a chance to spin the wheel for even more great prizes and enjoy a free sno-cone in between classes. Swing by the GTC Bookstore for 20% off one GTC logo apparel or gift item per customer (Discount not applicable to previous purchases, textbooks, and technology). Show your GTC Pride! Contact Morgan Taylor-Burns for more information.

### TH / JUNE 1 - GTC Students' Toastmaster International Club

The GTC Students' Toastmaster International Club will resume meeting at 6:00 p.m. in building 200, room 104 at the Lawrenceville campus. For more information contact <u>Thaddeus Nifong</u>.

### **Future Dates**

June 1 & 8 - Culinary Arts Farm to Table



## **HEALTHY TIP**

### 8 Summer Steps for Healthy Living

Summer is here! It is time to fire up the BBQs, slide on the flip-flops, and enjoy some well-deserved relaxation. This is also the perfect season to improve your health. *WebMD.com* suggest 8 simple changes we can partake in this summer to help boost our personal health:

- 1. Get Dirty & Stress Less
- 2. Give Your Diet a Berry Boost
- 3. Get Outside to Exercise
- 4. Protect Your Vision

### To read the full article click here.

If there is a topic you would like to know about or a tip that you'd like to share with us, please email Morgan Taylor-Burns with your suggestions!

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## **ANNOUNCEMENTS!**

### Assured Hospice Care Seeks Volunteers

Assurerd Hospice Care offers volunteers the opportunity to care for others and meet real companionship needs at a critical time in the lives of others. This happens in the homes of our patients or at assisted living facilities. Volunteers have the unique opportunity of giving the gift of time. The assistance and support this provides for a person in need is immeasurable. Volunteers will visit with patients and their family to provide companionship, visit with a patient to provide the caregiver/family member a chance to go to the grocery store or run errands, and assist with administrative and clerical task. We provide the training and visits are scheduled around your daily schedule and routines. You may volunteer a day a week, a few hours a week, or few hours a month. For more information call 770-387-9578 or contact Chelsea Lawrence



### Camp Imagination Station

Where every child's imagination is the only limit! Exciting activities for all children: weekly field trip and special activities; water play; atelier - art studio; dramatic play village; inventors warehouse; multi-media lab; game room and more! Weekly enrollment is available for children entering Kindergarten through 2nd grade. We have low child-teacher ratios. Camp Imagination Station will take place at the D. Scott Hudgens Jr.



Early Education Center from May 30 - July 21 (8 weeks) from 7:00 a.m. - 6:15 p.m. Cost are \$180 per week or \$50 a day and this includes meals and field trips. Call 678-226-6510 to register today!

### **Poverty Simulation**

The poverty simulation helps people understand the everyday realities faced by people whose incomes fall below the poverty line during and eye-opening, two hour experience. Participants assume the roles of members of low-income families, from single parents trying to care for their children to senior citizens trying to maintain their independence on Social Security. The intended result is an increased understanding of the struggles faced every day by people struggling to make ends meet. The event will take place on May 20th from 9:15 a.m. - 12:00 p.m. at Saint Leo University Gwinnett Center (3555 Koger Boulevard, Suite 105, Duluth, GA 30096). Limited Space! For registrations and inquiries please contact Dr. Felicia Wilson.



### Free OB Ultrasounds



Free OB ultrasounds are offered to GTC students. The Diagnostic Medical Sonography Program is seeking volunteers for OB ultrasounds preferably 18-32 weeks. Volunteers need to be prepared to stay for one hour and are scanned by GTC DMS students under direct credentialed faculty supervision. Volunteers receive FREE keepsake 3D images as well as the opportunity to see their baby in 4D. For more information or to schedule an appointment, please email OB Sonography or call 470-448-1211.

#### Pet Food/ Pet Supplies Drive

The Future Cardiovascular Technologist club will be sponsoring a pet food / pet supplies drive throughout the remainder of the semester. The drive will collect items for FurKids animal shelter and rescue. Collection boxes will be placed in the student lounge areas around campus. Some items being collected are: Fancy Feast Classic Chicken, Friskies Chicken Dinner Wet Food, Quality dog treats, Denta-Chews, Interactive dog toys, cat scratchers and refills, paper towels, wipes, etc. For more information, email Kristen Buoy



# georgia cares

### Georgia Cares

Georgia Cares is the single, statewide coordinating non-profit agency connecting services and treatment care for child victims of sexual exploitation and trafficking. Georgia Cares serves any and all youth who have been victimized in the state of Georgia. Our mission is to ensure that child sex trafficking victims receive quality care and services in the state of Georgia. For more information visit our website.

### Gwinnett Tech STEM Center

The STEM Center is a peer tutoring center in building 900, room 1.109 for students taking Life Sciences classes or anyone trying to get in a healthcare program. The STEM center is open Monday - Thursday from 9 a.m. - 6 p.m. and Friday from 9 a.m. - 4 p.m. Be sure to join us every Thursday evening at 6 p.m. and every Friday morning at 10 a.m. for an A&P I Q&A. Need help with Chemistry?



Ms. Francois is available to help Tuesdays from 9:30 a.m. to 11:30 a.m. and Wednesdays 10:30 a.m. to 11:30 a.m. For more information please <u>Casey Best</u>



### Quality Childcare Available on Campus

Do you have young children? Do you know of someone who is looking for a high quality child care center for their child? The Hudgens Early Education Center is the best place for all children! Please come in for a visit today (building 800)! Or call for more information 678-226-6510. Enrolling children 6 weeks to 5 years. Open daily from 7:00 a.m. to 6:15 p.m. Enrollment is open to the community! Childcare tuition assistance is available for full time GTC students and we accepts CAPS.

### Run, Hide, Fight

As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event" video. The video will assist you in planning for your personal safety, watch video.





### Collecting Aluminum Can Tabs

The Future Cardiovascular Technologist Club and the Association for Radiologic Technologist are collecting can tabs. One gallon of tabs equals a one night stay in the Ronald McDonald House for a family. Together, we've already collected eight gallons, but we can do more! Help us by bringing your aluminum can tabs to building 100 near Chick-Fil-A, building 100 near the bookstore in the cafeteria area, building 900 lobby, building 200 - room 121, 245, 133 or the student lounge and the Alpharetta-North Fulton campus student lounge. Thank you for your support!

### You Shop. Amazon Gives Back to GTC!

Shop Amazon Smile is giving back and all you have to do is go to the website and choose "Gwinnett Tech Foundation". The GTC Foundation will receive .05% of every dollar you spend that qualifies and in turn, we will apply these dollars back into Gwinnett Tech students! This is a win-win!!! If you have further questions, please contact <a href="Darcie Johnson">Darcie Johnson</a>.





Did you know? GTC Has a No Interest Tuition Payment Plan!
Gwinnett Tech partners with Nelnet Business Solutions to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits include easy online enrollment, flexible payment options and no interest. Learn more about the tuition payment plan and enroll today!

## Creating Safer, Healthier Campus Communities





### Feel Stressed? You are not Alone!

Going to school can be tough. Life can be tough. Student Life has paid for all of our students to get four free counseling sessions through the Cameron & Associates Life Balance Program. Yes - it's FREE! Just call 404-845-3727 or visit them on the web and they will give you three counselors close to you to pick from. You are worth the investment!



### Cameron and Associates, Inc

Providing a Higher Quality of Service

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MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

Click here for details





















































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### CONTACT STUDENT LIFE

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Chantelle Bailey, Student Life Assistant <a href="mailto:cbailey@gwinnetttech.edu">cbailey@gwinnetttech.edu</a>
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