

GTC Student Life News & Events

April / 22 / 2016



[Healthy Tip](#)
[Announcements](#)
[Student Perks](#)
[Contact Student Life](#)

Free Vouchers!



LEADERCAST 2016

Get 2 free vouchers with your student ID
First come, first serve until they are gone!

Mon - Thurs from 8 a.m. - 5 p.m.
Student Life Center / L'ville campus
Font desk / ANF campus

[Event Details](#)

Outreach Opportunity



SATURDAY, MAY 21

Come volunteer with us at the
Special Olympic State Summer Games!

Emory University
11 a.m. - 5:30 p.m.

[Register Here](#)

TU / APR 26 - FAFSA Filing Workshop - Both Campuses!

Do you have Financial Aid questions? Is the FAFSA stressful and confusing? Both campuses are hosting an informative FAFSA Filing Workshop from 4 - 6 p.m. and we'll help you through the process! The Lawrenceville campus will meet in bldg. 100, room 409 and the Alpharetta-North Fulton campus will meet in bldg. A, room 139. For more information, please email the [Financial Aid Office](#) or call 678.226.6677.

M / MAY 2 - Awards Ceremony

Congratulations to all of our award recipients! The Awards Ceremony is a time to celebrate our students' hard work and achievements. Emails and invitations have already been sent to recipients with instructions and details on arrival times - please be punctual. Students, staff and faculty are invited to come show their support. The ceremony starts at 7 p.m. at the Infinite Energy Performing Arts Center.

F / MAY 6 - Leadercast 2016

GTC students can get FREE tickets vouchers for Leadercast 2016 on May 6th (regular prices are \$229). We can give up to 2 vouchers per student ID. This is an amazing opportunity to hear from speakers like Nick Saban, Head Football Coach at University of Alabama; Steve Wozniak, Co-Founder of Apple Inc. and CMDR Rorke Denver, Navy SEAL Commander and Author. [Check out the amazing line up!](#) The vouchers are available to all students with a student ID on a first come, first serve basis until they are gone! Stop by the Student Life Center in building 100 with your ID Monday – Thursday from 8 a.m. to 5 p.m. This event takes place at the Infinite Energy Arena just down the street from GTC on Sugarloaf Pkwy and parking is free.

M / MAY 16 - Graduation Commencement

The 2016 Commencement Ceremony will take place at 7:30 p.m. at the Infinite Energy Arena. Students who have already registered to walk must attend the mandatory practice at 9 a.m. but should plan to arrive as early as 8:30 a.m. to expedite the check-in process. Students should arrive no later than 5:30 p.m. for the ceremony. Honor students, please review information listed below under announcements. There is plenty of seating for family and friends to come out and show their support!

Future Dates

May 19 - GTC Student's Toastmasters International Meeting

May 21 - Special Olympics Outreach



HEALTHY TIP

Maintain Healthy Body & Mind

Most are familiar with the benefits of a healthy diet and physical activity, but often forget that it is important to keep our minds healthy as well. The Mental Health Center of Greater Manchester suggests that statistics show 1 in 5 people will experience a mental illness sometime in their life. To help with prevention, they provide 10 tips for maintaining optimal mental wellness:

1. Get plenty of sleep
2. Learn to relax
3. Laugh
4. Do for others
5. Nurture friendships
6. Avoid unnecessary stress
7. Make time for fun
8. Incorporate physical activity
9. Eat healthy
10. Avoid alcohol, cigarettes and drugs

[Read full article](#) / [10 Tips PDF](#)

If there is a topic you would like to know about or a tip that you'd like to share with us, please email [Jamie Randolph](#) with your suggestions!

[back to events](#)

ANNOUNCEMENTS!



Honor Graduates

Students who achieve a cumulative grade point average of 3.69 or higher have been designated as honor graduates. Honor recognition will be in the graduation program, and you may wear the silver stole that was available for purchase in the bookstore.

[Lambda Nu Graduates](#)

Delta Chi Omega Chapter of Lambda Nu congratulates our 2016 Graduates from Cardio Vascular Technology, Diagnostic Medical Sonography, Echocardiography and Radiologic Technology programs. You will be wearing the honor society's forest green and maroon honor cords at Commencement earned by fulfilling the requirements to become members and by participating in multiple community service projects. Additional Lambda Nu regalia is not permitted during the ceremony. You are free to purchase other items for personal use only.

[NTHS Graduates](#)

Congratulations to all our National Technical Honor Society graduates! You may wear the society's white tassel on your mortarboards, which were distributed at our recent induction ceremony. For those NTHS members who were unable to make it to the ceremony; tassels can be picked up at the graduation practice. Any other NTHS regalia is not permitted to be worn on graduation night. Should you have any further questions, please feel free to contact [JJ Hogan](#).

[Outstanding Student Graduates](#)

Students who have been nominated as their program's Outstanding Student are permitted to wear the blue ribbon medal you received at the Awards Ceremony to Commencement. If you have questions, please contact [Jamie Randolph](#).

[PTK Graduates](#)

Phi Theta Kappa congratulates our 2016 graduates! PTK graduates may wear the society's blue and gold honor cords during Commencement to recognize their academic achievement. Cords may be purchased on campus at the Gwinnett Tech Bookstore or through the PTK web site. Additional PTK regalia is not permitted, only the cords, so if students purchase other items to celebrate this achievement, they must be for personal use only. If you have questions, please contact a [PTK Club Advisor](#).

[Student Ambassador Graduates](#)

Student Life would like to thank all of our Student Ambassadors for their many hours of service throughout the year! You are eligible to receive a Student Ambassador pin to wear at the Commencement Ceremony once you have fulfilled the requirement of volunteer opportunities. Please remember to log your hours online for verification. Questions? Contact [Jamie Randolph](#).



[MAGIC Camp](#)

Mentoring A Girl In Construction (MAGIC), is a FREE one week summer day camp for high school age girls July 25 - July 29 at Gwinnett Technical College. (Current 8th Graders who are or will be 14 by June 1st may participate.) We only have 24 seats and they go fast! For more information and/or to register please contact [Renee Conner](#) or [Gail Edwards](#).

[Business Plan Contest](#)

There is \$25,000 in cash and prizes up for grabs in the 6th annual amazing entrepreneur contest! This competition is an initiative to foster new business development in Gwinnett County and features two prize categories in Established Business (you're up and running) and Pre-Venture (you have a great idea). To find out all the details about the contest, [click here!](#)



[Lift Up Atlanta Drive](#)

The GTC Student's Toastmasters Club is holding a Lift Up Atlanta drive to provide book bags, note books, paper, pencils, and school supplies for under privileged children in Gwinnett County. We will be collecting items until Monday, June 6th. Items can be dropped off to Dr. Penny Waddell's office in building 200, room 115.

You Shop. Amazon Gives Back to GTC!

Mother's Day is Sunday, May 8. [Shop Amazon Smile](#) and I guarantee a smile on your mom's face! Not only will your momma be happy, but you will be supporting Gwinnett Tech. This is a WIN-WIN!!! If you have further questions, please contact [Darcie Johnson](#).



Collecting Aluminum Can Tabs



The Future Cardiovascular Technologist Club and the Association for Radiologic Technologist are collecting can tabs. One gallon of tabs equals a one night stay in the Ronald McDonald House for a family. Together, we've already collected eight gallons, but we can do more! Help us by bringing your aluminum can tab donations to room 121, 245 or 133 in bldg. 200. Thank you!

Collecting Corks

The Rad Tech program has collected over 12,000 corks, caps and foil from wine bottles for Clothes for Souls. Each is worth 2 cents so we can financially support this global non-profit institution dedicated to fighting poverty. Besides helping the charity, it also helps the earth. The corks are recycled and not put in landfills. Did you know that it takes over 1,500 gallons of water to grow the cotton required for just one pair of jeans and each American discards over 65 pounds of clothing per year? Help us by continuing to donate your corks! Drop off is in bldg. 200, room 245.



Did you know? GTC Has a No Interest Tuition Payment Plan!

Gwinnett Tech partners with [Nelnet Business Solutions](#) to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits include easy online enrollment, flexible payment options and no interest. [Learn more](#) about the tuition payment plan and enroll today!

Run, Hide, Fight

As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event" video. The video will assist you in planning for your personal safety. [watch video](#).



FAFSA

Don't Forget!

Complete your 2016-2017 FAFSA

www.fasfa.gov

Transfer Your Tax Info Using the IRS Data Retrieval Tool

Fall Financial Aid Deadline - Friday, May 13



Creating Safer, Healthier
Campus Communities

Haven UNDERSTANDING
SEXUAL ASSAULT

Learn more



Feel Stressed? You are not Alone!

Going to school can be tough. Life can be tough. Student Life has paid for all of our students to get four free counseling sessions through the Cameron & Associates Life Balance Program. Yes - it's FREE! Just call 404-845-3727 or visit them on the [web](#) and they will give you three counselors close to you to pick from. You are worth the investment!



Cameron and Associates, Inc

Providing a Higher Quality of Service

[back to events](#)

GTC STUDENT PERKS!

MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

[Click here for details](#)





[back to events](#)

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