



LAWRENCEVILLE | ALPHARETTA-NORTH FULTON

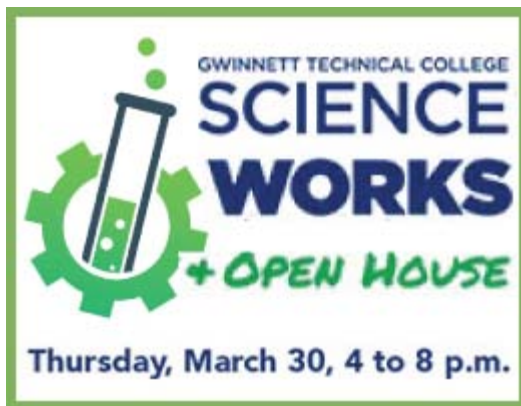
# Student Life News & Events

March / 24 / 2017



[Healthy Tip](#)  
[Announcements](#)  
[Student Perks](#)  
[Contact Student Life](#)

## Science Works!



**THURSDAY, MAR. 30**

Join us for hands-on activities, science behind the scenes, and access to explore 30 hot careers in action!

[Details Below.](#)

## Multicultural Club Presents



**THURSDAY, APR. 6**

Register to read or recite at the Lawrenceville or Alpharetta-North Fulton campus by April 4th. [Click here to register!](#)

[Details Below.](#)

## F / MAR 24 - FAFSA Friday - Both Campuses!

Do you have Financial Aid questions? Is the FAFSA stressful and confusing? A Financial Aid Specialist will be available; let us help you through the process! Check in at the One Stop in building 100 on the Lawrenceville campus and building A on the Alpharetta-North Fulton campus from 12 p.m. - 3 p.m. For more information, please email the [Financial Aid Office](#) or call 678-226-6677.

## T / MAR 28 - Surgical Tech Fundraiser

Beginning at 11 a.m. Surgical Tech will host a Bake Sale Fundraiser. We will be located in the Cafeteria of building 100 and near the front of the Library in building 100 on the Lawrenceville campus. We will also have a small group walk around campus with baked goods. For more information, please email [Glenda McCloskey](#).

## W / MAR 29 - Student Government Helps Stop Child Labor

The Student Government Association is collecting school supplies to help prevent child labor. We are

collecting pencils (not mechanical), ballpoint pens, erasers, sharpeners, rulers, color pencils, color markers, highlighters, and calculators. Collection bins are in the Student Life Center and the Bookstore at the LAW campus and at the Front Desk at the ANF campus. Please drop off donations by Wednesday, March 29 by 12 noon. The proceeds will go to the children at the Save the Innocents School which promotes education to help prevent child labor overseas. For more information please contact [Rachel Mariano](#).

### TH / MAR 30 - Science Works & Open House

Science Works engages curious people of all ages to see why (and how) science is so cool and how science, technology, engineering, arts and mathematics (STEAM) help us to better understand and improve our world. The 4th annual Science Works will be hosted on the Lawrenceville campus from 4 p.m. - 8 p.m. This is a great event for families with 6th to 12th grade students who can explore "science behind the scenes" through tours and activities. The first 800 people who check in at the registration tent will receive a FREE t-shirt and meal! Plan to be here early, registration/check-in begins at 4 p.m. Walk up registration is available in the back of building 100, near building 200. [Click here to register!](#) For more information visit our [website](#).

### M / APR 3 - Bake Shop Sale

Gwinnett Tech Culinary Arts Program is proud to present an advanced baking dessert event! Please join us from 2:00 p.m.- 3:30 p.m. in building 100 in the Student Life Center to purchase a sweet treat. We will have plated desserts for \$3 to \$5.

### T / APR 4 - Professional Headshots

The photography department will be doing professional headshots from 2 p.m. - 7 p.m. in building 100, room 202. The cost is \$20 for one look and \$5 additional for a change of clothes. We will accept cash, check, or credit/debit card. You will receive 3+ downloadable digital files include order prints online at [www.gtcphoto.com](http://www.gtcphoto.com). This is open to all faculty, staff, students and guest/friends of Gwinnett Tech. This is a fundraising event for the photography students portfolio exhibition. If you have any questions, please contact [Judith Pishner](#). Thanks for your support!

### W / APR 5 - Sharpening Your Presentation Skills

Have you felt nervous or had butterflies in your stomach in front of a crowd? Don't run from the fear - you can learn to conquer it instead! Speaking in front of others (and doing it well) can set you apart in a multitude of ways that can ignite your career trajectory. Take part in this fun and informative workshop for tips and strategies on how to create and give outstanding presentations - solutions you can use for your next big presentation or meeting! The first session will take place from 12 p.m. - 1 p.m. in building 100, room 904 on the Lawrenceville campus. The second session will take place from 6 p.m. - 7 p.m. in building 100, room 106 on the Lawrenceville campus. Food and door prizes will be provided! To RSVP please send your contact information and state which time you would like to attend to [Lisa Richardson](#). RSVP's must be received by Tuesday, April 4 by 12 noon.

### W / APR 5 - Gwinnett Tech's Lunch Cuisine

The Gwinnett Tech Culinary Arts Program is proud to present another awesome semester of exciting lunches with an international flair. This week's lunch is French and Italian cuisine! The menu calls for panzanella salad with burata, fromage fort, seared salmon, in house linguine, grand marnier flambé crepe suzette tableside and more! To make your reservation for these semester lunches, [submit your request here](#). You will receive a confirmation of your reservation. Cancellations require a minimum of 24-hour notice. Special request require a minimum 24-48 hour notice and we will do our best to accommodate. The cost is still an unbeatable \$15 (cash or check only). Please join us for our lunch at 12:15 p.m. in building 700, Busbee Center lobby. Our service goal is one hour; but, due to the learning-teaching environment it may take longer. We cannot accommodate "To Go" orders.

### TH / APR 6 - The 5th Annual Poetry Night

April is National Poetry Month. GTC Library and Multicultural Club are hosting our Fifth Annual Poetry Night! Read your original poems or other published works, or just come and listen! The event will take place from 12 p.m. - 2 p.m. on the Alpharetta-North Fulton campus in the Library, room 112 and also from 5:30 p.m. - 7:30 p.m. on the Lawrenceville campus in the Library, building 100, room 402. Register to read or recite via [GTC Library](#). Submit entries by April 4, 2017. [Submit submission forms here](#).

### TH / APR 6 - Science Club Host Movie Night

The GTC Science Club will host Movie Night from 5:30 p.m. - 7:30 p.m. in building 900, room 1319 on the Lawrenceville campus. For more information please contact [Margaret Long](#).

### TH / APR 6 - GTC Students' Toastmasters International Club - LAW

The GTC Students' Toastmasters International Club will meet on the Lawrenceville campus at 6 p.m. in building 200, room 104. Everyone is welcome to attend any of the meetings. Students interested in joining as a member or have questions should contact [Thaddeus Nifong](#).

### F / APR 7 - SkillsUSA Club Officers Meeting

Attention SkillsUSA Club Officers, there will be an officers meeting at 11:00 a.m. in the Student Life Center, building 100 on the Lawrenceville campus. We hope to see you all there. For more information on how to join SkillsUSA Club please contact [Penny Waddell](#).

### F / APR 14 - SkillsUSA Club Meeting

Everyone is welcome to attend the SkillsUSA Club meeting! The meeting will be held at 11:00 a.m. in building 200, room 104 on the Lawrenceville campus. All students are invited to attend! For more information email [Penny Waddell](#).

### TH / APR 20 - GTC Science Club

Join us for the next GTC Science Club meeting! We will be performing an experiment and voting on our next club activities. We will meet from 1 p.m. - 2 p.m. in building 900, 1.313. If you have any questions, please email [Margaret Long](#) or [Saphronia Johnson](#).

### TH / APR 20 - Information Security Association Meeting

GTC-ISA is the student community of choice for GTC cyber security students dedicated to advancing individual growth and deepening their knowledge and awareness of issues related to managing technology risk and protecting critical information and infrastructure. The next meeting will be held in building 900, room 1105 at 4:30 p.m. on the Lawrenceville campus. If you have any questions, please email [Garfield Anderson](#).

## Future Dates

March 23-25 - SkillsUSA Competitions



## 5 Meal Hacks That Help You Eat More Nutrients

When it comes to getting more vitamins, minerals, antioxidants and healthy fats, you don't need to overload your plate to load up on the good stuff. This can be done by optimizing your meals instead of supersizing them. When you eat, how much you consume, and even what kinds of food combinations you put together can have an effect on nutrient absorption. *MensHealth.com* gives us 5 hacks to boost our nutrient intake without the belly bulge:

1. Eat smaller meals with protein throughout the day.
2. Add a little good fat - think olive oil and avocados.
3. Chew more thoroughly.
4. Consider a probiotic and prebiotic.
5. Steam your vegetables.

[To read the full article click here.](#)

If there is a topic you would like to know about or a tip that you'd like to share with us, please email [Morgan Taylor-Burns](#) with your suggestions!

[back to events](#)



# ANNOUNCEMENTS!

## Free OB Ultrasounds



Free OB ultrasounds are offered to GTC students. The Diagnostic Medical Sonography Program is seeking volunteers for OB ultrasounds preferably 18-32 weeks. Volunteers need to be prepared to stay for one hour and are scanned by GTC DMS students under direct credentialed faculty supervision. Volunteers receive FREE keepsake 3D images as well as the opportunity to see their baby in 4D. For more information or to schedule an appointment, please email [OB Sonography](#) or call 470-448-1211.

## SGA Helps Stop Child Labor

The Student Government Association is collecting school supplies to help prevent child labor. We are collecting pencils (not mechanical), ballpoint pens, erasers, sharpeners, rulers, color pencils, color markers, highlighters, and calculators. Collection bins are in the Student Life Center and Bookstore at the LAW campus and at the Front Desk at the ANF campus. Please drop off donations by Wednesday, March 29 by 12 noon. The proceeds will go to the children at the Save the Innocents School which promotes education to help prevent child labor overseas. For more information please contact [Rachel Mariano](#).

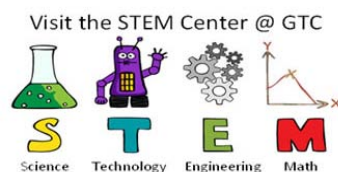


## Georgia Cares

Georgia Cares is the single, statewide coordinating non-profit agency connecting services and treatment care for child victims of sexual exploitation and trafficking. Georgia Cares serves any and all youth who have been victimized in the state of Georgia. Our mission is to ensure that child sex trafficking victims receive quality care and services in the state of Georgia. For more information [visit our website](#).

## Gwinnett Tech STEM Center

The STEM Center is a peer tutoring center in building 900, room 1.109 for students taking Life Sciences classes or anyone trying to get in a healthcare program. The STEM center is open Monday - Thursday from 9 a.m. - 6 p.m. and Friday from 9 a.m. - 4 p.m. Be sure to join us every Thursday evening at 6 p.m. and every Friday morning at 10 a.m. for an A&P I Q&A. Need help with Chemistry? Ms. Francois is available to help Tuesdays from 9:30 a.m. to 11:30 a.m. and Wednesdays 10:30 a.m. to 11:30 a.m. For more information please [Casey Best](#)



## Quality Childcare Available on Campus

Do you have young children? Do you know of someone who is looking for a high quality child care center for their child? The Hudgens Early Education Center is the best place for all children! Please come in for a visit today (building 800)! Or call for more information 678-226-6510. Enrolling children 6 weeks to 5 years. Open daily from 7:00 a.m. to 6:15 p.m. Enrollment is open to the community! Childcare tuition assistance is available for full time GTC students and we accepts CAPS.

## Run, Hide, Fight

As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active



shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event" video. The video will assist you in planning for your personal safety. [watch video](#).



### Collecting Aluminum Can Tabs

The Future Cardiovascular Technologist Club and the Association for Radiologic Technologist are collecting can tabs. One gallon of tabs equals a one night stay in the Ronald McDonald House for a family. Together, we've already collected eight gallons, but we can do more! Help us by bringing your aluminum can tabs to building 100 near Chick-Fil-A, building 100 near the bookstore in the cafeteria area, building 900 lobby, building 200 - room 121, 245, 133 or the student lounge and the Alpharetta-North Fulton campus student lounge. Thank you for your support!

### You Shop. Amazon Gives Back to GTC!

[Shop Amazon Smile](#) is giving back and all you have to do is go to the website and choose "Gwinnett Tech Foundation". The GTC Foundation will receive .05% of every dollar you spend that qualifies and in turn, we will apply these dollars back into Gwinnett Tech students! This is a win-win!!! If you have further questions, please contact [Darcie Johnson](#).



### Did you know? GTC Has a No Interest Tuition Payment Plan!

Gwinnett Tech partners with [Nelnet Business Solutions](#) to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits include easy online enrollment, flexible payment options and no interest. [Learn more](#) about the tuition payment plan and enroll today!

Creating Safer, Healthier  
Campus Communities

**Haven** UNDERSTANDING  
SEXUAL ASSAULT

Learn more



### Feel Stressed? You are not Alone!

Going to school can be tough. Life can be tough. Student Life has paid for all of our students to get four free counseling sessions through the Cameron & Associates Life Balance Program. Yes - it's FREE! Just call 404-845-3727 or visit them on the [web](#) and they will give you three counselors close to you to pick from. You are worth the investment!



# Cameron and Associates, Inc

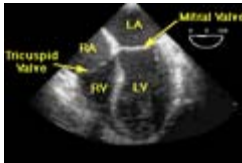
*Providing a Higher Quality of Service*

[back to events](#)

## GTC STUDENT PERKS!

MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

[Click here for details](#)



[back to events](#)

---

## CONTACT STUDENT LIFE

Rachel Mariano, Student Life Director

[rmariano@gwinnettech.edu](mailto:rmariano@gwinnettech.edu)

770-962-7580, ext.6341

Morgan Taylor-Burns, Student Life Assistant

[mtaylor-burns@gwinnettech.edu](mailto:mtaylor-burns@gwinnettech.edu)

770-962-7580, ext.6840

Chantelle Bailey, Student Life Assistant

[cbailey@gwinnettech.edu](mailto:cbailey@gwinnettech.edu)

770-962-7580, ext.6419

Lawrenceville Campus . 5150 Sugarloaf Pkwy . Lawrenceville, GA 30043  
Alpharetta-North Fulton Campus . 2875 Old Milton Parkway . Alpharetta, GA 30009